

AJM

Skin Aesthetics & Training

ADVANCED FACIALS

To prevent breakouts, high frequency is used at the end of most facial treatments where appropriate. High frequency kills bacteria, reduces inflammation, and decongests puffiness, all of which are beneficial in the treatment of acne. High-frequency also helps to shrink enlarged pores and reduce the appearance of fine lines and wrinkles, making it a good all-rounder that benefits everyone (High frequency cannot be performed on clients who are pregnant or breastfeeding.)

RETINOL INFUSION EXPRESS FACIAL

This treatment is nice and quick, the perfect pick me up for dull lifeless skin. It is the perfect facial to repair, revive and restore the skin. It is suitable for all skin types and conditions. The powerful retinol blend will give instant radiance and repair compromised skin barriers as it restores vitality and hydration levels. This facial offers an instant visible lift and plumps and softens fine lines & wrinkles.

MINI PUMPKIN EXPRESS FACIAL

This treatment is ideal for those who have congested, clogged pores and want to achieve an extremely polished and smooth complexion quickly. This treatment is highly rejuvenating and brightening, it prevents breakouts and assists with the release of comedones, and it has anti-inflammatory and anti-oxidant benefits.

VITAMIN C INFUSION FACIAL

This facial is suitable for anyone who is concerned about ageing or has dull, lifeless, asphyxiated skin. This luxurious facial utilises a blend of nourishing vitamins designed to target skin that is beginning to show signs of ageing. This is the ideal treatment for anti-ageing. After this facial, your skin will feel soft and hydrated, with a restored vibrant glow and any previous rough textured skin will be left feeling silky smooth.

SKINBRITE FACIAL

This dazzling, brightening facial will leave your skin glistening with radiance. It is ideal for clients who suffer from hyperpigmentation, uneven skin tone, and dull, lifeless skin. This treatment will tighten, tone, and treat your skin to the exceptional benefits of peptides BV-OSC, vitamin A, and a plethora of natural brightening ingredients, all of which have been chosen to energise the skin and leave it with a glowy and more even complexion. This facial treats post-inflammatory hyperpigmentation while leaving your skin smooth and refined.

DERMACLEAR EXTRACTION FACIAL

This treatment is ideal for people with acneic, oily, combination, or congested skin. This facial will assist you in taking the first step toward a clear, blemish-free complexion. With this deep cleansing facial, you can eliminate acne-causing bacteria, effectively treat blackheads, and promote clearer, more even-textured skin. This facial dissolves blackheads and unclogs pores, breaks up dead skin cells to prevent an accumulation of oil and debris, and aids in the prevention of future breakouts.

NON-INVASIVE CARBOXYTHERAPY FACIAL

This new non-invasive carboxytherapy facial is perfect for those who have ageing concerns and want to see immediate results. There is no down time with this treatment and the results are phenomenal. By the age of 30, oxygen levels in our skin drop by 25% and about 50% by the age of 40, making skin more prone to the signs of aging.

The non-invasive carboxytherapy facial is a treatment during which gas, carbon dioxide (CO2), is infused into the skin to encourage an increased flow of oxygen. Our body responds by increasing blood flow and growth factors, which in turn encourages an increase in capillary activity. This increases the flow of oxygen and nutrients to the treated area and improves circulation, resulting in cell restoration, reduces the appearance of dark eye circles, fine line and wrinkle reduction, and collagen stimulation.

BESPOKE HYDRA AQUA FACIAL

This result-driven hydra aqua facial is customised for each client by utilising a one-of-a-kind delivery system designed to address universal facial concerns such as oxygenation, anti-ageing, brightening, hydration, congestion and skin tightening/lifting.

The hydra aqua facial uses a variety of technologies such as: • Radio Frequency • Ultrasound • Hydra-dermabrasion • Cold Hammer • Vacuum suction & spray • Ultra-Sonic (Skin scraper) • High frequency • LED Therapy

Each facial is bespoke and incorporates at least four of these technologies, depending on the individual's skin concerns, allowing us to provide more adaptable, prescriptive, and comprehensive facials than ever before. The combination of four of these technologies results in deeply cleansed, smooth, hydrated skin with a glowing, fresh youthful appearance.

This treatment is non-irritating, making it suitable for even sensitive skin, and it is a cost-effective way of treating all skin types at any age. For maximum results a minimum of six hydra aqua facials are recommended monthly.

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CLEARDERM DECONGESTING FACIAL

This facial is specifically designed for those who have problematic, oily, decongested skin. In this facial we use the combination of vacuum suction, ultra-sonic & LED therapy or high frequency. This treatment is an excellent alternative to the often-uncomfortable blackhead extraction loop process. Instead, this lovely vacuum suction treatment exfoliates and extracts with the suction process, followed by the application of hyaluronic serum sprayed on to the skin for the best hydration and plumping effect for the skin's overall texture and appearance. The vacuum suction treatment lifts and stimulates the underlying structures by applying suction to the skin's surface.

Ultrasound technology is used to gently wet exfoliate your skin, removing dead skin cells and impurities. The pulses are coupled with water as the ultrasonic face spatula moves across the skin, gently and effectively penetrating your skin. The vibrations and wet solution penetrate deep into the pores of your skin, loosening and eliminating debris, grime, blackheads, dead skin cells, and oil, leaving you with a clean, smooth, and beautiful complexion.

LED light therapy is non-invasive and uses light's power to renew, repair, and heal the skin without the need for invasive procedures or recovery time. By utilising a variety of different wavelengths of visible light, the natural process of bio-stimulation helps to reverse or slow the signs of ageing, clear acne or other blemishes, aid rosacea or psoriasis sufferers, reduce pigmentation, redness, and inflammation, speed up the healing process, and much more. LED light therapy is gentle but effective, and it is appropriate for people of all ages and skin types. It will heal and rejuvenate the skin without burning or irritating it. This treatment has no risks, side effects, or recovery time.

MESO-FIRM-A-LIFT

This facial is designed for those who are starting to show signs of ageing. This treatment aids in the lifting and firming of the skin. This device has two nozzles: one with a fractional tip and one with a thermal tip. The fractional tip is used in this procedure to perform needle-free mesotherapy with the stap method, which works by stimulating the skin by causing a combustion effect on the skin surface without affecting the cellular tissue, making this method painless. This is then followed by the use of a thermal tip, which delivers heat deep inside the skin without causing pain, accelerating skin regeneration, and encouraging the skin to lift and tighten using micro-currents with three wavelengths.

BASIC DERMAPLANING

The procedure is pleasant and quick; it is painless and produces immediate results. Dermaplaning, unlike other exfoliating treatments, has few to no side effects, making it suitable for pregnant or breastfeeding women. It exfoliates the epidermis and removes dirt, dead skin, and fine vellus hair (peach fuzz) from the face and neck by scraping the skin's surface with a medical-grade tool. By removing vellus hair, you can improve the appearance of pores, fine lines, and pigmentation while also preventing oil and dirt build-up on your skin. After this treatment, your skin will feel super hydrated, healthy, and smooth.

ADVANCED DERMAPLANING

The advanced dermaplaning option differs from the basic in that it addresses specific skin concerns. To regenerate and soften the skin. In addition to the basic dermaplaning this treatment includes facial steaming as well as a painless peel.

With this facial you can select one of the following options:

LED therapy- Because of its calming and antibacterial properties, LED therapy is useful for speeding up the healing process and is a popular acne treatment.

This treatment option will aid in the treatment of acne breakouts, fine lines and wrinkles, post-inflammatory scarring, and rosacea.

Alternatively, the Jade stone roller-

This option is more relaxing and a great way to unwind. It is beneficial to those who wish to reduce puffiness and inflammation of the skin, as well as the appearance of under eye circles, because it stimulates the lymphatic system and blood circulation. It's said to brighten the complexion, tighten pores, help reduce the appearance of fine lines, and allow skincare products to penetrate deeper.

LUXURY 24 CARAT GOLD DERMAPLANING

This is the most luxurious and relaxing dermaplaning option, as it includes everything in the advanced option plus an additional scalp massage while the gold mask is setting. The mask used in this treatment contains 24 karat gold dust, minerals and seaweed extracts that revitalizes and remineralises the skin. Gold has been used since Cleopatra's time to firm, lift, brighten, and calm the appearance of skin. This lavish and luxurious treatment reduces the appearance of fine lines and wrinkles, leaving your skin silky, smooth, firmer, radiant, revitalised, and youthful.

Gold is an antioxidant with anti-inflammatory properties. It reduces skin redness and inflammation while also protecting against free radicals that cause wrinkles and sun damage. The healthy glow you get immediately after your facial should last 48 – 72 hours because your skin is deeply hydrated and circulation has been increased, allowing fresh blood to bring new nutrients to the cells.

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BESPOKE HYDRA DERMAPLANING

This treatment is identical to the hydra aqua facial, but it also includes dermaplaning. This session is flexible and can be tailored to the needs of the individual client. This facial includes dermaplaning as well as up to four electrical facial add-ons, including hydra-dermabrasion, radio frequency, ultrasound, cold hammer, vacuum suction & spray, ultra-sonic (skin scraper), high frequency, or LED Therapy.

MICRO-NEEDLING

This treatment speeds up skin renewal. This entails puncturing the skin repeatedly with tiny, sterile needles. These minor contact points stimulate the body's wound healing response and the renewal of skin cells.

Micro-needling is a non-invasive, chemical-free technique for stimulating collagen production. Collagen and elastin are responsible for the texture, structure, and appearance of skin. These compounds degrade as we age due to sun and environmental damage, resulting in dry, thin, and wrinkled skin. The mechanical method of reversing this breakdown is micro-needling.

This treatment is ideal for people who have acne scarring, fine lines/wrinkles, uneven skin tone, large pores, stretch marks, rosacea, sunspots, or hair loss. A suitable meso cocktail will be used depending on the skin concern.

PLASMA FIBROBLAST

Plasma Fibroblast is a non-surgical procedure in which a high-frequency electric current is passed through the skin. The pen-like device does not pierce or touch the skin, but instead releases current close to the skin, causing small holes in the skin's layer to form.

This non-invasive treatment is excellent for skin tightening and is dedicated to reducing the signs of ageing in the skin and many other areas, the most popular being an eye-lift.

The Plasma Fibroblast procedure begins with the placement of various grid points on the skin with a tiny sterile plasma probe or pen. The variety and arrangement of the points, in conjunction with the electric energy generated, can reduce excess skin, resulting in visible tightened skin in that concentrated area.

The small plasma flash, or 'Fibroblast,' has a tissue-tightening effect and ensures that the skin heals quickly and scar-free, leaving only improved skin elasticity.

This device is also used for removing skin tags, sunspots, and warts, as well as softening scars and stretch marks.

SKIN BOOSTERS

This is the ultimate hydration treatment that regenerates your skin from the inside out, this will employ a one-of-a-kind anti-aging, poly revitalising solution that provides the skin with the essential ingredients it requires to thrive, thereby creating the ideal environment to restart fibroblast activity, which is responsible for the production of elastin, collagen, and hyaluronic acid. As this treatment feeds the skins cells at the deepest level using a concentrated cocktail of ingredients to revitalise the skin, it results in supple, younger-looking skin with reduced wrinkles and improves elasticity allowing your skin to look youthful immediately and with on-going results.

This solution is delivered using a Nanosoft medical device, which allows us to reach sensitive areas and make the treatment almost painless. A fantastic treatment that significantly improves all aspects of ageing.

RESURFACERS

Resurfacers can be used to help improve most skin concerns. They are the step before a chemical peel as they are not as intense. A resurfacer is a superficial treatment, meaning that they work on the very top layer of skin (stratum corneum). They stimulate the basal layer to encourage cell renewal, resurfacers are formulated with a blend of AHAs and BHAs to break down the lipid cement holding cells together and they generally have no or very little downtime.

CHEMICAL PEEL

Before having a chemical peel, your skin must be prepped to balance the PH of the skin with professional home care products prescribed by AJM.

A chemical peel involves the controlled application of chemical solutions to the skin, resulting in controlled tissue death. This means that new skin can emerge and old skin can be removed a lot faster than with resurfacers. As the damage is repaired by the natural healing process, the skins appearance is improved.

The recovery time for a chemical peel ranges from 3 to 10 days.